

Breakfast

Served until 11:00am, 10:30am Sundays. We use only BC Free Range Eggs.

Specialties

Green Goddess Omelette

Kale | Green Onion | Feta | Mushrooms
Toast | Pan Potatoes or Mixed Greens \$13

Heritage Omelette

Bell Pepper | Onion | Black Forest Ham
Mushrooms | Toast | Pan Potatoes or
Mixed Greens \$13 Add Cheese \$1

Plain Omelette

Toast | Pan Potatoes or Mixed Greens \$10
Toppings \$1 each

Smoked Salmon Frittata

BC Salmon | Dill | Red Onions | Chives
Tomato | Capers | Crème Fresh \$13

Avocado Toast

Smashed Avocado | Grilled Sourdough
Chili & Thyme Roasted Cherry Tomatoes
Sprouts | Goat Cheese Mousse | Za'tar Spice \$9
Add Poached Egg \$2 Add Bacon or Ham \$2

Eggs

Pan Potatoes or Mixed Greens | Toast | Preserves

Eggs Any Style

One Egg \$9
Two Eggs \$11 Extra Egg \$2
Add Bacon, Ham or Sausage \$2

Breakfast Special

Our Chef's Creation | Changes Daily \$13
Sorry, No Holds or Substitutions

Classics

Kootenay Hash

Two Poached Eggs | Sausage
Seasonal Mushrooms | Crispy Hash
Fresh Cut Salsa | Sambal Aioli \$13½

Breakfast Tacos

Scrambled Eggs | Chorizo | Avocado | Black
Beans | Cheddar | Cilantro | Salsa \$13

Fried Egg I'm In Love

Our Ode to Portland | 1 Egg Over Medium
Bacon | Gruyère | Red Onion | Avocado
Roasted Garlic Aioli | Organic Brioche Bun
Pan Potatoes \$12

The Hume-Mungous

3 Eggs Any Style | Bacon, Ham or Sausage
One Pancake | Toast & Jam \$16

Steak & Eggs

2 Eggs Any Style | 8oz NY Strip
Toast | Pan Potatoes \$18½

The Healthy Sunrise

Fresh Fruit Cup or Honey Vanilla Yogurt
Granola, Toast or Muffin | Coffee | Juice \$11

Classic Benny

Black Forest Ham | House Made Hollandaise
English Muffin | Pan Potatoes or Greens \$13½

Veggie Benny

Seared Halloumi | Spinach | Caramelized
Onions | Mushrooms | House Hollandaise
Potatoes or Greens \$13½

Montreal Benny

Cured & Brined Brisket | Spinach | Hollandaise
Grainy Dijon \$14½

Breakfast Salad

2 Poached Eggs | Spring Mix | Sweet Potato
Avocado | Red & White Quinoa | Cherry Tomato
Red Cabbage | Balsamic Vinaigrette
Turmeric Aioli \$13½

The Express

When You Are In A Hurry
Scrambled Eggs | Bacon | Pan Potatoes
Multigrain Toast & Jam
Sorry, No Substitutions \$13

Blueberry Mascarpone

French Toast

Blueberry, Basil & Mascarpone Stuffed | Coconut
Crusted | Rhubarb Compote | Real Maple Syrup \$12
Add Bacon, Ham or Sausage \$2
Add Whipped Cream \$2

Açaí Bowl

Açaí Berry | Coconut Milk | Strawberries | Oats
Bananas | Blueberries | Honey | Chia Seeds \$11

Pancakes & Bananas

Toasted Pecans | Salted Caramel Sauce
Real Maple Syrup \$11
Add Bacon, Ham or Sausage \$2
Add Whipped Cream \$2
Try them Gluten-Free \$13

The General Store

2 Eggs Any Style | 2 Buttermilk Pancakes \$13
Add Bacon, Ham or Sausage \$2

Sides

Toast & Preserves	\$2¾
Muffin	\$3
English Muffin.....	\$2¾
Hot Cereal	\$3¾
Cold Cereal.....	\$3¾
Honey Vanilla Yogurt.....	\$2¾
Seasonal Fruit Cup	\$3
Ham, Bacon or Sausage	\$3¾

Tax Extra

Beverages

Coffee.....	\$2¾	Espresso	\$3
(Kootenay Coffee Company Light Roast or Oso Negro Organic Dark Roast)		Americano (12oz)	\$3¼
Red Rose Tea	\$2¾	Latté Cappucino (12/8oz).....	\$3¾
Virtue Tea	\$3½	Kutenai Chai Latte (12oz)	\$3¾
Juices	\$3	Hume Breakfast Caesar (after 9am).....	\$6¾
(Apple, Cranberry, Orange, Grapefruit)		Bailey's (after 9am)	\$6¾
		Hot Chocolate.....	\$3¼