

# Breakfast

Served until 11:00am, 10:00am Sundays. We use only BC Free Range Eggs.

## Specialties

### Green Goddess Omelette

Kale | Green Onion | Feta | Mushrooms  
Toast | Pan Potatoes or Mixed Greens \$13½

### Heritage Omelette

Bell Pepper | Onion | Black Forest Ham  
Mushrooms | Toast | Pan Potatoes or  
Mixed Greens \$13½ Add Cheese \$1

### Plain Omelette

Toast | Pan Potatoes or Mixed Greens \$11  
Toppings \$1 each

### Bacon & Mushroom Frittata

Bacon | Oyster Mushrooms | Gruyère | Spinach  
Chili & Thyme Roasted Cherry Tomatoes  
Pan Potatoes or Greens \$14

### Avocado Toast

Smashed Avocado | Grilled Sourdough  
Chili & Thyme Roasted Cherry Tomatoes  
Sprouts | Goat Cheese Mousse | Za'tar Spice \$10  
Add Poached Egg \$2 Add Bacon or Ham \$2

## Classics

### Kootenay Hash

Two Poached Eggs | Sausage  
Seasonal Mushrooms | Crispy Hash  
Fresh Cut Salsa | Sambal Aioli \$14

### Breakfast Tacos

Scrambled Eggs | Chorizo | Avocado | Black  
Beans | Cheddar | Cilantro | Salsa \$13½

### Fried Egg I'm In Love

Our Ode to Portland | 1 Egg Over Medium  
Bacon | Gruyère | Pickled Onion | Avocado  
Roasted Garlic Aioli | Organic Brioche Bun  
Pan Potatoes \$12½

### The Hume-Mungous

3 Eggs Any Style | Bacon, Ham or Sausage  
One Pancake | Toast & Jam \$16½

### Steak & Eggs

2 Eggs Any Style | 8oz NY Strip  
Toast | Pan Potatoes \$19

### The Healthy Sunrise

Fresh Fruit Cup | Honey Vanilla Yogurt &  
Granola | Coffee or Juice \$11

### Classic Benny

Black Forest Ham | House Made Hollandaise  
English Muffin | Pan Potatoes or Greens \$13¾

### Veggie Benny

Seared Halloumi | Spinach | Caramelized  
Onions | Mushrooms | House Hollandaise  
Potatoes or Greens \$13¾

### Montreal Benny

Cured & Brined Brisket | Spinach  
House Hollandaise | Grains Dijon \$14½

### Breakfast Salad

2 Poached Eggs | Spring Mix | Sweet Potato  
Avocado | Red & White Quinoa | Cherry Tomato  
Red Cabbage | Balsamic Vinaigrette  
Turmeric Aioli \$13¾

### The Express

When You Are In A Hurry  
Scrambled Eggs | Bacon | Pan Potatoes  
Multigrain Toast & Jam  
Sorry, No Substitutions \$13½

## Eggs

Pan Potatoes or Mixed Greens | Toast | Preserves

### Eggs Any Style

One Egg \$9½  
Two Eggs \$11½ Extra Egg \$2  
Add Bacon, Ham or Sausage \$2

### Breakfast Special

Our Chef's Creation | Changes Daily \$14  
Sorry, No Holds or Substitutions

### Blueberry Mascarpone

### French Toast

Blueberry, Basil & Mascarpone Stuffed | Coconut  
Crusted | Rhubarb Compote | Real Maple Syrup \$13  
Add Bacon, Ham or Sausage \$2  
Add Whipped Cream \$2

### Açaí Bowl

Açaí Berry | Coconut Milk | Strawberries | Oats  
Bananas | Blueberries | Honey | Chia Seeds \$11½

### Pancakes & Bananas

Toasted Pecans | Salted Caramel Sauce  
Real Maple Syrup \$11½  
Add Bacon, Ham or Sausage \$2  
Add Whipped Cream \$2  
Try them Gluten-Free \$13

### The General Store

2 Eggs Any Style | 2 Buttermilk Pancakes \$14  
Add Bacon, Ham or Sausage \$2

## Sides

Toast & Preserves .....	\$2¾
Muffin .....	\$3½
English Muffin.....	\$2¾
Hot Cereal .....	\$3¾
Cold Cereal.....	\$3¾
Honey Vanilla Yogurt.....	\$3
Seasonal Fruit Cup .....	\$3
Ham, Bacon or Sausage .....	\$3¾

Tax Extra

## Beverages

Coffee.....	\$3	Espresso .....	\$3½
(Kootenay Coffee Company Light Roast or Oso Negro Organic Dark Roast)		Americano (12oz) .....	\$3½
Red Rose Tea .....	\$3	Latté   Cappucino (12/8oz).....	\$4
Virtue Tea .....	\$3¾	Kutenai Chai Latte (12oz) .....	\$4
Juices .....	\$3¾	Hume Breakfast Caesar (after 9am).....	\$8
(Apple, Cranberry, Orange, Grapefruit)		Bailey's (after 9am) .....	\$7
		Hot Chocolate.....	\$3½