# Gluten Free 

## Salads \& Starters

## Homemade Borscht

Doukhobor Style Vegetarian Soup Cabbage | Beets | Potato | Carrots | Dill Ask to hold bread Cup \$10 Bowl \$12

## Steamed Mussels

PEI Mussels|Sambal Cream Sauce
Ask for Tortillas Instead of Baguette \$21

## Szechuan Lettuce Wraps

Marinated Chicken | *Wonton Crisps | Onion
Peanuts | Sweet Soy Lime |Wasabi Mango \$19
*Ask to hold the Wonton Crisps Try Vegetarian with Crispy Tofu
Vegan with Tofu and no Wasabi Mango $\mathbf{V}$

## Chicken Wings

Hot, BBQ, Thai Sweet Chili or Dry Cajun \$171/2 Add Carrot \& Celery Sticks \$3
Add Blue Cheese or Ranch Dip \$2
Chili Lime Brussels Sprouts
Roasted \& Fried | Sambal Olek
Himalayan Salt | Lime \$17

## Beet Salad

Rosemary Infused Roasted Beets | Spring Mix Goat Cheese |Candied Pecans | Walnut Oil Balsamic Reduction \$19

Classic Nachos
Tomatoes | Onions | Olives | Jalapeños Refried Beans | Three Cheese Blend |Sour Cream Salsa|Home-Cooked Tortillas $\$ 25$ Add Guacamole $\$ 31 / 2$ Extra Nacho Cheese $\$ 3$ Add Chicken or Ground Beef \$4

## Spicy Ahi Bites

Ahi Tuna Salad | Crispy Sushi Rice Cakes Avocado |Jalapeño | Sweet Chili Seaweed Caviar \$20
Halloumi Greek Salad
Seared Halloumi Cheese | Feta | Fennel Green Peppers | Grape Tomatoes Cucumber | Red Onions | Kalamatas Dijon Red Wine Vinaigrette \$18

## New York Steak Salad

Certified Angus Beef|Mixed Greens | Beets Carrots | Seeds | Grape Tomatoes Tahini Vinaigrette $80 z \$ 25$
Grilled Salmon Salad 2 Wild BC Salmon | Baby Greens | Dried Cranberries | Goat Cheese | Pumpkin Seeds Blueberry Rosemary Vinaigrette $\$ 20$

## Specialty Plates

These items begin at 5 pm - Add House Salad $\$ 6$

## Jose's Halibut

Chorizo | Roasted Potatoes | Asparagus
Wild Mushrooms | Onions | Chimichurri \$35

## Cauliflower Steak $\mathbf{V}$

Charred \& Oven-Roasted | Crispy Rice Cake
Za'atar Spice | Toasted Almonds | Fresh Parsley Harissa Sauce | Chimichurri Drizzle
Lemon Zest Broccolini \$26
Lamb Medallions
Herb Roasted | Balsamic Plum Reduction
Thyme-Roasted Red Potatoes
Lemon Zest Broccolini \$35

New York Strip<br>Certified Angus Beef | Lemon Zest Broccolini Thyme-Roasted Red Potatoes<br>$80 z \$ 36120 z \$ 44$

## Filet Mignon

BC Free Range AAA Tenderloin | Morel Butter Lemon Zest Broccolini | Thyme-Roasted Red Potatoes $60 z \$ 46$

## Steak \& Prawns

Certified Angus Beef Striploin Garlic Tiger Prawns | Lemon Zest Broccolini Thyme-Roasted Red Potatoes \$46

Although we do not have a gluten-free kitchen, we will make every attempt to meet your needs for a gluten-restricted diet. The items listed on the menu are appropriate for a gluten-restricted diet, as is, or can be ordered with minor changes as mentioned in the description. We take measures to prevent cross contamination, however, it still may occur. Please note that we do not use separate fryer oil for gluten-free items.

## Pastas \& Bowls

## Ahi Tuna Poke Bowl

Marinated Ahi Tuna | Quinoal Carrot Ribbons Mango | Green Onions | Avocado |*Wonton Crisps Pickled Ginger | Edamame Beans
*Ask to hold the Wonton Crisps $\$ 24$
Try it Vegan with Crispy Tofu $\mathbf{V}$
Seafood Fettuccine
Wild BC Salmon | Halibut | Tiger Prawns
PEI Mussels | Crimini Mushrooms | Sambal Cream Ask for Corn Penne $\$ 30$
Add Starter Caesar (no Croutons) or House Salad \$6
Barrister's Bowl $\mathbf{V}$
Wild BC Salmon or Crispy Tofu | Cabbage
Carrots | Peppers | Daikon Sprouts | Sesame Seeds
Quinoa | Ginger Soy Dressing \$20

Whistler Brewing Company
Forager Beer $\$ 71 / 2$

## Gluten Free Pizza <br> Gluten-Free Crusts Avail in $10^{\prime \prime}$ Small Only

The Tuscan
Artichokes | Sundried Tomatoes Roasted Garlic| Spinach | Onions sm \$22
Kootenay Herbivore,
Mushrooms|Onions|Kalamatas
Green Pepper|Tomato| Pesto Base sm \$21
Mediterranean Special
Chorizo Sausage | Green Pepper Olives | Tomato |Onions | Feta
sm \$22
Chicken Fiesta
Chicken Breast| Pineapple
Green Pepper|Onions|BBO Sauce
sm \$21
The Forest Floor
Shimenji Mushrooms | Pine Nuts
Pesto Base |Truffle Oil sm \$22

Popeye The Greek
Spinach | Feta
sm \$21
Heritage Classic
Mushroom | Green Pepper
Pepperoni
sm \$21
The Big Kahuna
Ham | Pineapple
sm \$21
Big Pepperoni
Yup...Pepperoni!
sm \$21
The House Special
Ground Beef| Onions
Feta|Pepperoni
sm \$21
Three Cheese
Mozzarella |Edam|Parmesan
sm \$19

Extras
Dipping Sauce
Marinara | Caesar | Hume Hot Sauce $\$ 2$ each

Veggie Toppings
Small \$2 each
Meat \& Cheese Toppings
Small \$3 each
Sub Vegan Mozza \$3
*The Angry Bee, the Ultimate and the ' 55 Vette have been taken off this menu as our Capicolli is not gluten-free. You may substitute it for another ingredient.

# Desserts 

Cashew Cream Custard $\mathbf{V}$<br>Burnt Miso |Almond Milk | Dark Chocolate Candied Pecans | Himalayan Salt \$10<br>Crème Brûlée<br>Vanilla Bean-Infused Creamy Custard<br>Caramelized Brown Sugar \$10

## Chocolate Mousse

Classic Rich Chocolate
Fresh Whipped Cream \$10
Ice Cream
Vanilla \$6

